

Effective 15 June 2020

Guidelines for Use of HVMCA Weight Room

Help Reduce the Chance of Virus Spread

- 1. Do not enter Weight Room if you have a fever, cough or feel ill.**
- 2. Practice proper physical distancing – 6 feet from others who are not in your immediate household.**
- 3. Use of a mask is required.**
- 4. Disinfectant wipes are provided for users to wipe down equipment before after every use. Users should bring their own disinfectant wipes in case all wipes have been used.**